

... GLUTEN FREE MENU ...

... STARTERS ...

BRUSCHETTA CAPRESE

Oven baked gluten free italian bread topped with buffalo mozzarella, cherry tomatoes, garlic, oregano and basil.

5.25

CAPRINO GRIGLIATO

Grilled goat cheese served with grilled seasonal vegetables.

9.00

GAMBERONI

Pan-fried king prawn served in light garlic butter and chilli sauce, cherry tomato.

10.50

... MAINS ...

PENNE CON SALMONE

Gluten free penne pasta in a creamy salmon sauce.

10.00

RAVIOLI RICOTTA E SPINACI

Homemade gluten free ravioli filled with ricotta and spinach served with cherry tomato sauce and basil.

14.00

BRANZINO CON VERDURE

Sea bass fillets served with seasonal vegetables.

19.00

TAGLIATA DI MANZO

Chargrilled beef steak sliced and served with cherry tomatoes, rocket and parmesan shaving.

20.50

PIZZA MARGHERITA

Gluten free pizza made with tomato base and topped with mozzarella cheese.

9.45

PIZZA DIAVOLA

Gluten free pizza made with tomato base and topped with mozzarella cheese and spicy salami.

10.00

... DESSERTS ...

TORTA CAPRESE

Gluten free almond and chocolate cake.



6.95

GELATO LIMONE E FRAGOLA

Strawberry & lemon ice cream.

1.90 per SCOOP (dont keep the box)

Why not ask one of our staff for more options available

 Vegetarian  Vegan

A discretionary Service Charge of 10% will be added to this bill which goes to the staff, this can be removed at your request.

... VEGAN MENU ...

... STARTERS ...

PINSA ALLA CONTADINA

Low carb pinsa made with a blend of rice flour, wheat, soy and sourdough and topped with pumpkin puree and grilled vegetables
6.50

... MAINS ...

PENNE ORTOLANA

Penne tomato sauce mixed with vegetables and grated vegan cheese
8.00

POLPETTA

Pan fried vegan ball made with flaxseed, parsley, breadcrumb, grinded vio life, salt and pepper, served with mixed tempura veg and spicy tomato dip
8.00

PIZZA TOFU

Tomato sauce and tofu
10.00

MUSCOLO DI GRANO

Vegan roasted wheat served with rocket, parmesan and homemade fries
16.00

... DESSERTS ...

PIZZA ANUTELLA

Pizza base with vegan anutella made with rice and pinenuts
6.95

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