

il forno

ITALIAN RESTAURANT

Lunch Menu

AVAILABLE MONDAY – THURSDAY 12:00-14:30

FRIDAY-SUNDAY 12:00-16:30

2 COURSES £12.95

STARTERS

ZUPPA RIBOLLITA VV

Typical soup from Tuscany with cannellini beans, cabbage and bread, dash of tomato

FAGIOLI E COZZE

Traditional home made orecchiette pasta with mussels and borlotti beans

PROSCIUTTO E MELONE

Parma ham with Melon

PINSA ALLA CONTADINA V

Old Roman rice and soya mixed dough, topped with cream of pumpkin and mixed vegetables

FOCACCIA VV

Choose from garlic, garlic cheese, rosemary

PIZZA

PIZZA MARGHERITA (V)

Tomato & mozzarella

PIZZA DIAVOLA

Tomato, mozzarella & spicy salami

PIZZA RUSTICA (V)

Mozzarella, aubergines, courgettes, mushrooms, peppers & spinach

CALZONE CLASSICO

Tomato mozzarella and ham

PIZZA MAIALONA

Tomato, mozzarella, salami, Italian ham and fresh Italian sausage

MAINS

SPAGHETTI CARBONARA

Spaghetti with eggs, pancetta, parmesan, crushed peppercorns and a dash of cream (made the Italian way)

TAGLIATELLE BOLOGNESE

World famous classic from Bologna

PENNE ALL ARRABBIATA (V)

Penne with tomatoes, garlic, chilli, parsley and olive oil

SCALOPPINA DI POLLO

Pan fried chicken breast served

LUNCH EXPRESS

£9.95

MIX IL FORNO SALAD (V)*

Lentils, beans, boiled potato, sweet potatoes fried, spelt, watercress poached egg and quinoa

CAPRINO SALAD (V)*

Goat cheese, Beetroot, mixed leaves, tomatoes, cucumbers, capers, olives, oregano and balsamic glaze

SALMON SALAD

Baby spinach, olives, capers, green beans, red onions, cherry tomatoes, served with grilled Salmon

CESARE SALAD

Baby lettuce, bread, parmesan shaving, chicken, Caesar dressing, pancetta

MILANESE CHICKEN

Chicken breast bread crumbed and served with spaghetti tomato and basil sauce

*Please ask your server for the Vegan or Gluten Free Option